

Timeline and Objectives

Per [Act 106](#), OWR will administer the Project by the following timeline:

Phase 1 Through Dec. 31, 2025: Complete landscape assessment of existing Tier 1 and Tier 2 mental health support services available to state and county employees serving as first responders, health care providers and public school employees.

Phase 2 Through Dec. 31, 2027: Enhance existing services and develop new culturally grounded, community-informed well-being programs.

Core Project Components

- 1 Landscape assessment
- 2 Culturally grounded and community-informed well-being programming
- 3 Track and measure aggregate mental health trends across all served populations

The **State of Well-Being Project** is an initiative established by the legislature in 2023 within the Office of Wellness and Resilience (OWR). It's designed to assess and enhance system-wide (Tier 1) and targeted (Tier 2) mental health support services for “key stakeholder” communities.

Project Scope

The initiative encompasses critical state and county public service sectors, including “key stakeholders” as defined in Act 106:

- First Responders (e.g., police, firefighters, sheriffs)
- Healthcare Providers (e.g., Hawai'i Health Systems Corporation facilities, Hawai'i State Hospital, Maui Community Health Centers)
- Public Schools

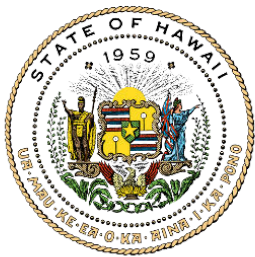
Your Participation is Key!

Our team is actively building partnerships with key state and county staff to conduct interviews and gather other crucial insights (e.g., surveys). We value your expertise and perspective and look forward to engaging with you in this collaborative process to strengthen our shared work!

For more information, please contact the Office of Wellness and Resilience at owr.sowb@hawaii.gov.



Ke Ke'ena Kūpa'a Maui Ola
Office of Wellness and Resilience
Office of the Governor
Our resilience is rooted in our wellness.



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Office of Wellness and Resilience (OWR)

We address one of the underlying causes of some of Hawai'i's most pressing issues, and that's trauma.

Our **kuleana** is to strengthen our state service systems, using hope-centered principles as strategies to make Hawai'i a trauma-informed state. We break down barriers that impact the well-being of Hawai'i's people—from keiki to kūpuna.

In July 2022, Gov. David Ige signed [Senate Bill 2482](#), creating the nation's first statewide-legislated Office of Wellness and Resilience ([Act 291](#)). The Office was founded in January 2023 with Gov. Josh Green, M.D.'s appointment of Tia L. R. Hartsock as its inaugural director.

Our Focus Areas

Data & Assessment



Working with expert entities to inform well-being and quality of life policy to increase wellness and resilience statewide.

Policy & Program Development



Assessing and advocating policy and administrative needs to create trauma-informed state departments.

Partnership & Collaboration



Serving as convener, facilitator and coordinator to promote engagement around relevant issues.

Training & Technical Assistance



Guided by Gov. Josh Green, M.D.'s [Executive Order No. 24-01](#), we're collaborating with state agencies to mitigate the impact of trauma both in the community and our public service workforce.

Policy Highlights

A lot of our work is centered on collaborative policy-making. For example, we convene a number of working groups, including the Mālama 'Ohana Working Group ([Act 86](#)) and Peer Support Specialists Working Group ([Act 88](#)), and continue to coordinate the long-term mental health and well-being response to the Maui wildfires.

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We want to hear from you. Let's talk story!
Contact Us - 📞 1-808-586-0805 | 🌐 owr.hawaii.gov

◀ Scan the QR Code to learn more!

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