

Timeline and Objectives

Per Act 106, OWR will administer the Project by the following timeline:

Phase 1 Through Dec. 31, 2025: Complete landscape assessment of existing Tier 1 and Tier 2 mental health support services available to state and county employees serving as first responders, health care providers and public school employees.

Phase 2 Through Dec. 31, 2027: Enhance existing services and develop new culturally grounded, community-informed well-being programs.

Core Project Components

- 1 Landscape assessment
- 2 Culturally grounded and community-informed well-being programming
- 3 Track and measure aggregate mental health trends across all served populations

The **State of Well-Being Project** is an initiative established by the legislature in 2023 within the Office of Wellness and Resilience (OWR). It's designed to assess and enhance system-wide (Tier 1) and targeted (Tier 2) mental health support services for “key stakeholder” communities.

Project Scope

The initiative encompasses critical state and county public service sectors, including “key stakeholders” as defined in Act 106:

- First Responders (e.g., police, firefighters, sheriffs)
- Healthcare Providers (e.g., Hawai'i Health Systems Corporation facilities, Hawai'i State Hospital, Maui Community Health Centers)
- Public Schools

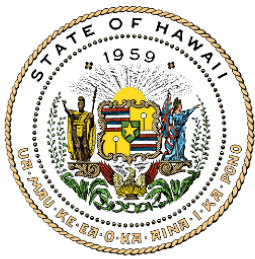
Your Participation is Key!

Our team is actively building partnerships with key state and county staff to conduct interviews and gather other crucial insights (e.g., surveys). We value your expertise and perspective and look forward to engaging with you in this collaborative process to strengthen our shared work!

For more information, please contact the Office of Wellness and Resilience at owr.sowb@hawaii.gov.



Kc Ke'ena Kūpa'a Mauli Ola
Office of Wellness and Resilience
Office of the Governor
Our resilience is rooted in our wellness.



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Office of Wellness and Resilience (OWR)

We address one of the underlying causes of some of Hawai'i's most pressing issues, and that's trauma.

Our **kuleana** is to strengthen our state service systems, using hope-centered principles as strategies to make Hawai'i a trauma-informed state. We break down barriers that impact the well-being of Hawai'i's people—from keiki to kūpuna.

In July 2022, Gov. David Ige signed Senate Bill 2482, creating the nation's first statewide-legislated Office of Wellness and Resilience (Act 291). The Office was founded in January 2023 with Gov. Josh Green, M.D.'s appointment of Tia L. R. Hartsock as its inaugural director.

Our Focus Areas

Policy Highlights

A lot of our work is centered on collaborative policy-making. For example, we convene a number of working groups, including the Mālama 'Ohana Working Group (Act 86) and Peer Support Specialists Working Group (Act 88), and continue to coordinate the long-term mental health and well-being response to the Maui wildfires.

The State of Well-Being Project is an initiative established by the legislature in 2023 within OWR (Act 106). It's designed to assess and enhance mental health support services for "key stakeholder" communities, including police, firefighters, healthcare providers and public schools.



Data & Assessment

Working with expert entities to inform well-being and quality of life policy to increase wellness and resilience statewide.



Policy & Program Development

Assessing and advocating policy and administrative needs to create trauma-informed state departments.



Partnership & Collaboration

Serving as convener, facilitator and coordinator to promote engagement around relevant issues.



Training & Technical Assistance

Guided by Gov. Josh Green, M.D.'s Executive Order No. 24-01, we're collaborating with state agencies to mitigate the impact of trauma both in the community and our public service workforce.



We want to hear from you. Let's talk story!
Contact Us - 📞 1-808-586-0805 | 🌐 owr.hawaii.gov

◀ Scan the QR Code to learn more!

Office of Wellness and Resilience
Hawai'i State Capitol | 415 South Beretania St., Honolulu, Hawai'i 96813

HI DOE & CHARTER SCHOOL STAFF

WE INVITE YOU TO SHARE YOUR

MANA'O ABOUT

MENTAL HEALTH & WELL-BEING @ WORK

The **Hawai'i Office of Wellness and Resilience** is holding virtual statewide focus groups to learn about the mental health and well-being resources available to **state public school staff**, police, firefighters, sheriffs, county and state health care employees – and we want to hear from you!

SIGN UP FOR A FOCUS GROUP TODAY!

Wednesday, August 13 at 2 p.m. - 3 p.m.
Thursday, August 21 at 5:30 p.m. - 6:30 p.m.
Saturday, August 23 at 9 a.m. - 10 a.m.

Your voice matters!

Help shape the programs of tomorrow.

We're not just collecting stories—we're using them to inform real changes. Your voice will shape future mental health programs and supports across the state.

Learn from each other.

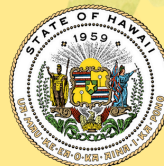
By bringing people together in safe, guided conversations, we hope to highlight shared struggles and strengths across professions.



**SCAN THE QR CODE AND
CLICK ON THE LINK TO SIGN UP**

<https://owr.hawaii.gov/state-of-well-being-project/>

Join us online! All focus groups will be held on Zoom by trained facilitators. Questions?
Email us at owr.sowb@hawaii.gov



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COUNTY POLICE, FIREFIGHTERS, & STATE SHERIFFS

WE INVITE YOU TO SHARE YOUR **MANA'O** ABOUT MENTAL HEALTH & WELL-BEING AT WORK

The **Hawai'i Office of Wellness and Resilience** is holding virtual statewide focus groups to learn about the mental health and well-being resources available to county and state **police, firefighters, sheriffs**, school staff, and health care staff – and we want to hear from you!

SIGN UP FOR A FOCUS GROUP TODAY!

Thursday, July 31 at 5:30 p.m. - 6:30 p.m.

Saturday, August 9 at 9 a.m. - 10 a.m.

Thursday, August 14 at 12 p.m. - 1 p.m.

Understand real experiences.

Your voice matters!

We want to hear directly from you. Those on the frontlines, about your day-to-day experiences with mental health and stress at work.

Learn from each other.

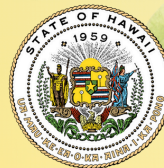
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STATE AND COUNTY HEALTH CARE STAFF

WE INVITE YOU TO SHARE YOUR **MANA'O** ABOUT MENTAL HEALTH & WELL-BEING AT WORK

The **Hawai'i Office of Wellness and Resilience** is holding virtual statewide focus groups to learn about the mental health and well-being resources available to county and state **health care staff**, police, firefighters, sheriffs, school staff, and we want to hear from you!

SIGN UP FOR A FOCUS GROUP TODAY!

Thursday, August 7 at 5:30 p.m. - 6:30 p.m.

Saturday, August 16 at 9 a.m. - 1 a.m.

Tuesday, August 19 at 12 p.m. - 1 p.m.

Elevate your voice in policy and program design.

We're not just collecting stories—we're using them to inform real changes. Your voice will shape future mental health programs and supports across the state.

Prioritize well-being in the workplace.

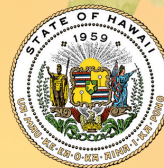
This is a chance to shift the culture—where mental health is part of the conversation, not an afterthought. Your input helps put wellbeing at the forefront.



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