



**STATE OF HAWAII**  
**OFFICE OF WELLNESS AND RESILIENCE**  
OFFICE OF THE GOVERNOR  
415 S. BERETANIA ST. #415  
HONOLULU, HAWAII 96813

**Meeting Minutes**

The inaugural Wellness and Resilience Board meeting was offered as a hybrid meeting where board members and members of the public could participate in person, or via teleconference. Details for both options are noted below.

Time: Tuesday, October 28, 2025, 9:00am

Location: John A. Burns School of Medicine  
651 Ilalo St, Honolulu, HI 96813

Recording: <https://owr.hawaii.gov/wrab>

**Items Discussed:**

**I. Call to Order**

The meeting was called to order by Chair Scott Shimabukuro on Tuesday, October 28, 2025. The meeting was conducted in accordance with Hawai'i Revised Statutes, Chapter 92.

Quorum was established with 9 members present. 7 members were present at the physical meeting location.

- Scott Shimabukuro, Department of Health (Board Chair)
- Tara Castrovinci, Executive Office on Early Learning
- Corbin Matsumoto, Honolulu Police Department
- Fern Yoshida, Department of Education
- Amanda Stevens, Department of Human Services
- Judith Clark, Hawaii Youth Services Network
- Kalei Kaihiliwa, Kamehameha Schools
- Josie Howard, We Are Oceania
- Jillian Freitas, John A Burns School of Medicine

Sharon Simms, SAS Services facilitated the meeting in-person. Office of Wellness and Resilience staff Tia Hartsock, Trina Orimoto, and Erica Yamauchi also participated in-person.

## II. **Overview of Board Expectation**

The Office of Wellness and Resilience (OWR) outlined the advisory role of WRAB members:

- Provide feedback and guidance on OWR initiatives.
- Serve as trauma-informed care champions within their respective organizations.
- Support implementation of trauma-informed care recommendations.
- Engage in collaborative problem-solving and strategic planning.
- Questions were raised regarding board membership terms and succession planning, particularly for members transitioning out of their current roles.

## III. **Meeting Cadence**

WRAB meetings will now be held quarterly:

- January 27, 2026
- - April 28, 2026
- - July 28, 2026
- - October 27, 2026

Meetings will be 90 minutes long. If quorum is not met, efforts will be made to reschedule within a few weeks.

## IV. **OWR updates**

PWR presented its strategic priorities and current initiatives:

### OWR Strategic Priorities

1. System Transformation: Promoting trauma-informed systems across state and community levels.
2. Workforce Well-being: Addressing secondary traumatic stress and improving recruitment/retention.
3. Resilient Communities: Enhancing disaster mental health response and trauma-informed preparedness.
4. Innovation & Infrastructure: Developing sustainable funding and training systems.
5. Trauma-Informed Programs: Supporting departments in implementing best practices.

### Training and Certification Program

OWR is launching a Trauma-Informed Care Certification Program:

- 8-module certification (3 asynchronous, 5 in-person).
- CEUs available for social workers, psychologists, and LMFTs.
- Train-the-Trainer (T3) pathway to expand delivery capacity.
- Micro-trainings and asynchronous options to increase accessibility.
- Plan to expand to nonprofit and contracted providers.

### State of Well-being Project

OWR is conducting a landscape analysis of mental health and wellness supports for first responders, public school staff, and healthcare workers. Over 100 interviews

have been conducted. A report to the legislature is due December 30, 2025. Phase 2 will focus on program development and implementation.

#### Community Resilience and Disaster Mental Health Framework

OWR is finalizing a Disaster Mental Health Framework and toolkit to guide trauma-informed disaster response. The framework has been presented nationally and is under journal review.

#### ACEs Resource Network

Hawai'i was selected as one of five states to participate in Dr. Nadine Burke Harris's ACEs Resource Network. This 3-year initiative will focus on:

- Medicaid integration
- Primary care provider training
- Evidence-based interventions

Partners include DHS, Med-QUEST, Queens, and JABSOM.

#### **V. Public Comment**

No formal public comments were received.

#### **VI. Adjournment**